



TABELAS ÍNDICES BRASILEIROS 2023



TABELA DE INDICES BRASILEIRO FEMININO PISCINA DE 25 METROS – TEMPORADA 2022

PROVAS	INFANTIL 1		INFANTIL 2		JUVENIL 1		JUVENIL 2		JUNIOR 1		JUNIOR 2		TROFÉU BRASIL	FINKEL
	INVERNO	VERÃO	INVERNO	VERÃO	INVERNO	VERÃO	INVERNO	VERÃO	INVERNO	VERÃO	INVERNO	VERÃO	ABSOLUTO	ABSOLUTO
50 L	00:30,75	00:30,27	00:30,08	00:29,81	00:29,63	00:29,38	00:29,25	00:29,07	00:28,95	00:28,77	00:28,66	00:28,49	26"02	26"43
100 L	01:07,34	01:06,28	01:05,88	01:05,28	01:04,90	01:04,34	01:04,07	01:03,66	01:03,40	01:03,02	01:02,77	01:02,40	56"15	56"98
200 L	02:27,46	02:25,14	02:24,25	02:22,95	02:22,11	02:20,89	02:20,39	02:19,42	02:18,85	02:18,00	02:17,45	02:16,65	2'04"90	2'06"82
400 L	05:08,94	05:04,09	05:02,22	04:59,51	04:57,76	04:55,20	04:54,16	04:52,12	04:50,92	04:49,16	04:48,09	04:46,31	4'23"47	4'27"58
800 L	10:38,96	10:28,69	10:24,75	10:19,03	10:15,32	10:09,92	10:07,29	10:03,43	10:00,90	09:57,19	09:54,77	09:51,20	9'11"81	9'21"18
1500 L	20:13,54	19:54,02	19:46,55	19:35,68	19:28,65	19:18,40	19:13,40	19:06,06	19:01,27	18:54,23	18:49,63	18:42,86	17'56"62	18'15"93
50 C													00.31.13	00.31.50
100 C	01:19,82	01:18,32	01:17,75	01:16,93	01:16,40	01:15,63	01:15,25	01:14,71	01:14,35	01:13,83	01:13,49	01:12,99	01.06.40	01.07.18
200 C	02:51,63	02:48,41	02:47,19	02:45,43	02:44,29	02:42,63	02:41,83	02:40,66	02:39,89	02:38,77	02:28,00	02:36,97	02.22.84	02.24.70
50 P													33"22	33"77
100 P	01:28,99	01:27,32	01:26,69	01:25,77	01:25,18	01:24,32	01:23,90	01:23,29	01:22,89	01:22,31	01:21,93	01:21,37	1'12"48	1'13"70
200 P	03:13,16	03:09,54	03:08,17	03:06,18	03:04,90	03:03,03	03:02,28	03:00,81	02:59,95	02:58,68	02:57,86	02:56,65	2'38"89	2'41"57
50 B													28"18	28"67
100 B	01:17,32	01:15,88	01:15,33	01:14,53	01:14,02	01:13,24	01:12,98	01:12,39	01:12,04	01:11,54	01:11,21	01:10,73	1'03"45	1'04"52
200 B	02:57,18	02:53,47	02:52,06	02:50,04	02:48,74	02:46,87	02:45,96	02:44,64	02:43,78	02:42,52	02:41,70	02:40,50	2'24"19	2'26"87
100 M													1'06"45	1'07"56
200 M	02:48,62	02:45,76	02:44,67	02:43,09	02:42,07	02:40,58	02:39,85	02:38,79	02:38,09	02:37,07	02:36,41	02:35,43	2'24"31	2'26"79
400 M	06:00,94	05:54,70	05:52,32	05:48,87	05:46,64	05:43,40	05:41,82	05:39,51	05:38,00	05:35,78	05:34,34	05:32,21	05.09.00	05.12.59



TABELA DE INDICES BRASILEIRO MASCULINO PISCINA DE 25 METROS - TEMPORADA 2022

PROVAS	INFANTIL 1		INFANTIL 2		JUVENIL 1		JUVENIL 2		JUNIOR 1		JUNIOR 2		TROF BRASIL	FINKEL
	INVERNO	VERÃO	INVERNO	VERÃO	INVERNO	VERÃO	INVERNO	VERÃO	INVERNO	VERÃO	INVERNO	VERÃO	ABSOLUTO	ABSOLUTO
50 L	00:28,01	00:27,07	00:26,43	00:25,85	00:25,63	00:25,32	00:25,12	00:24,82	00:24,70	00:24,51	00:24,39	00:24,22	22"47	22"80
100 L	01:01,96	00:59,97	00:58,63	00:57,01	00:56,56	00:55,90	00:55,48	00:54,87	00:54,61	00:54,23	00:53,98	00:53,61	49"13	49"79
200 L	02:18,68	02:13,90	02:09,70	02:05,98	02:04,94	02:03,44	02:02,48	02:01,09	02:00,49	01:59,62	01:59,05	01:58,21	1'49"74	1'51"31
400 L	04:51,88	04:42,54	04:36,24	04:28,64	04:26,52	04:23,44	04:21,47	04:18,62	04:17,39	04:15,58	04:14,41	04:12,68	3'55"38	3'58"73
800 L	10:10,60	09:50,12	09:40,83	09:27,90	09:23,04	09:16,03	09:11,55	09:05,07	09:02,29	08:58,22	08:55,57	08:51,69	8'06"24	8'13"19
1500 L	19:37,04	18:57,58	18:39,68	18:15,28	18:05,41	17:51,91	17:43,27	17:30,80	17:25,44	17:17,59	17:12,49	17:05,01	15'55"98	16'10"40
50 C													26"57	27"02
100 C	01:15,75	01:12,58	01:10,52	01:08,09	01:07,42	01:06,47	01:05,86	01:04,98	01:04,61	01:04,06	01:03,71	01:03,19	57"52	58"43
200 C	02:43,78	02:36,95	02:32,49	02:27,25	02:25,81	02:23,74	02:22,43	02:20,54	02:19,74	02:18,56	02:17,79	02:16,68	2'07"07	2'09"29
50 P													28"41	28"85
100 P	01:22,96	01:19,49	01:17,23	01:14,56	01:13,83	01:12,78	01:12,11	01:11,15	01:10,74	01:10,14	01:09,76	01:09,19	1'02"75	1'03"73
200 P	03:04,39	02:56,70	02:51,67	02:45,76	02:44,14	02:41,81	02:40,33	02:38,21	02:37,30	02:35,97	02:35,11	02:33,85	2'20"51	2'22"73
50 B													24"12	24"47
100 B	01:12,46	01:09,45	01:07,48	01:05,16	01:04,52	01:03,61	01:03,03	01:02,20	01:01,84	01:01,32	01:00,98	01:00,49	53"73	54"50
200 B	02:48,70	02:42,60	02:37,43	02:31,44	02:29,80	02:27,48	02:26,01	02:23,90	02:23,00	02:21,69	02:20,85	02:19,61	2'06"00	2'08"10
100 M													55"98	56"83
200 M	02:37,76	02:32,03	02:28,95	02:24,76	02:23,46	02:21,59	02:20,40	02:18,68	02:17,94	02:16,86	02:16,16	02:15,14	2'05"49	2'07"56
400 M	05:42,56	05:32,85	05:26,94	05:18,80	05:13,79	05:06,82	05:04,19	05:00,41	04:58,79	04:56,42	04:54,89	04:52,63	4'36"67	4'41"50



TABELA DE INDICES BRASILEIRO FEMININO PISCINA DE 50 METROS – TEMPORADA 2022

	INFANTIL 1		INFANTIL 2		JUVENIL 1		JUVENIL 2		JUNIOR 1		JUNIOR 2		TROFÉU BRASIL	FINKEL
PROVAS	INVERNO	VERÃO	INVERNO	VERÃO	INVERNO	VERÃO	INVERNO	VERÃO	INVERNO	VERÃO	INVERNO	VERÃO	ABSOLUTO	ABSOLUTO
50 L	00:31,60	00:31,12	00:30,93	00:30,66	00:30,48	00:30,23	00:30,10	00:29,92	00:29,80	00:29,62	00:29,51	00:29,34	00.26.87	27"28
100 L	01:09,04	01:07,98	01:07,58	01:06,98	01:06,60	01:06,04	01:05,77	01:05,36	01:05,10	01:04,72	01:04,47	01:04,10	00.57.85	58"68
200 L	02:30,86	02:28,54	02:27,65	02:26,35	02:25,51	02:24,29	02:23,79	02:22,82	02:22,25	02:21,40	02:20,85	02:20,05	02.08.30	2'10"22
400 L	05:15,74	05:10,89	05:09,02	05:06,31	05:04,56	05:02,00	05:00,96	04:58,92	04:57,72	04:55,96	04:54,89	04:53,11	04.30.27	4'34"38
800 L	10:52,56	10:42,29	10:38,35	10:32,63	10:28,92	10:23,52	10:20,89	10:17,03	10:14,50	10:10,79	10:08,37	10:04,80	09.25.41	9'34"78
1500 L	20:39,04	20:19,52	20:12,05	20:01,18	19:54,15	19:43,90	19:38,90	19:31,56	19:26,77	19:19,73	19:15,13	19:08,36	18.22.12	18'41"43
50 C													00.31.98	00.32.35
100 C	01:21,52	01:20,02	01:19,45	01:18,63	01:18,10	01:17,33	01:16,95	01:16,41	01:16,05	01:15,53	01:15,19	01:14,69	01.08.10	01.08.88
200 C	02:55,03	02:51,81	02:50,59	02:48,83	02:47,69	02:46,03	02:45,23	02:44,06	02:43,29	02:42,17	02:31,40	02:40,37	02.26.24	02.27.90
50 P													00.34.22	34"77
100 P	01:30,99	01:29,32	01:28,69	01:27,77	01:27,18	01:26,32	01:25,90	01:25,29	01:24,89	01:24,31	01:23,93	01:23,37	01.14.48	1'15"70
200 P	03:17,16	03:13,54	03:12,17	03:10,18	03:08,90	03:07,03	03:06,28	03:04,81	03:03,95	03:02,68	03:01,86	03:00,65	02.42.89	2'45"57
50 B													00.28.88	29"37
100 B	01:18,72	01:17,28	01:16,73	01:15,93	01:15,42	01:14,64	01:14,38	01:13,79	01:13,44	01:12,94	01:12,61	01:12,13	01.04.85	1'05"92
200 B	02:59,98	02:56,27	02:54,86	02:52,84	02:51,54	02:49,67	02:48,76	02:47,44	02:46,58	02:45,32	02:44,50	02:43,30	02.26.99	2'29"67
200 M	02:52,62	02:49,76	02:48,67	02:47,09	02:46,07	02:44,58	02:43,85	02:42,79	02:42,09	02:41,07	02:40,41	02:39,43	02.28.31	2'30"79
400 M	06:07,74	06:01,50	05:59,12	05:55,67	05:53,44	05:50,20	05:48,62	05:46,31	05:44,80	05:42,58	05:41,14	05:39,01	05.15.80	05.19.39

TABELA DE INDICES BRASILEIRO MASCULINO PISCINA DE 50 METROS – TEMPORADA 2022

	INFANTIL 1		INFANTIL 2		JUVENIL 1		JUVENIL 2		JUNIOR 1		JUNIOR 2		TROFÉU BRASIL	FINKEL
PROVAS	INVERNO	VERÃO	INVERNO	VERÃO	INVERNO	VERÃO	INVERNO	VERÃO	INVERNO	VERÃO	INVERNO	VERÃO	ABSOLUTO	ABSOLUTO
50 L	00:28,86	00:27,92	00:27,28	00:26,70	00:26,48	00:26,17	00:25,97	00:25,67	00:25,55	00:25,36	00:25,24	00:25,07	00.23.32	23"65
100 L	01:03,66	01:01,67	01:00,33	00:58,71	00:58,26	00:57,60	00:57,18	00:56,57	00:56,31	00:55,93	00:55,68	00:55,31	00.50.83	51"49
200 L	02:22,08	02:17,30	02:13,10	02:09,38	02:08,34	02:06,84	02:05,88	02:04,49	02:03,89	02:03,02	02:02,45	02:01,61	01.53.14	1'54"71
400 L	04:58,68	04:49,34	04:43,04	04:35,44	04:33,32	04:30,24	04:28,27	04:25,42	04:24,19	04:22,38	04:21,21	04:19,48	04.02.18	4'05"53
800 L	10:24,20	10:03,72	09:54,43	09:41,50	09:36,64	09:29,63	09:25,15	09:18,67	09:15,89	09:11,82	09:09,17	09:05,29	08.19.84	8'26"79
1500 L	20:02,54	19:23,08	19:05,18	18:40,78	18:30,91	18:17,41	18:08,77	17:56,30	17:50,94	17:43,09	17:37,99	17:30,51	16.21.48	16'35"90
50 C													00.27.42	27"87
100 C	01:17,45	01:14,28	01:12,22	01:09,79	01:09,12	01:08,17	01:07,56	01:06,68	01:06,31	01:05,76	01:05,41	01:04,89	00.59.22	1'00"13
200 C	02:47,18	02:40,35	02:35,89	02:30,65	02:29,21	02:27,14	02:25,83	02:23,94	02:23,14	02:21,96	02:21,19	02:20,08	02.10.47	2'12"69
50 P													00.29.41	29"85
100 P	01:24,96	01:21,49	01:19,23	01:16,56	01:15,83	01:14,78	01:14,11	01:13,15	01:12,74	01:12,14	01:11,76	01:11,19	01.04.75	1'05"73
200 P	03:08,39	03:00,70	02:55,67	02:49,76	02:48,14	02:45,81	02:44,33	02:42,21	02:41,30	02:39,97	02:39,11	02:37,85	02.24.51	2'26"73
50 B													00.24.82	25"17
100 B	01:13,86	01:10,85	01:08,88	01:06,56	01:05,92	01:05,01	01:04,43	01:03,60	01:03,24	01:02,72	01:02,38	01:01,89	00.55.13	55"90
200 B	02:51,50	02:45,40	02:40,23	02:34,24	02:32,60	02:30,28	02:28,81	02:26,70	02:25,80	02:24,49	02:23,65	02:22,41	02.08.80	2'10"92
200 M	02:41,76	02:36,03	02:32,95	02:28,76	02:27,46	02:25,59	02:24,40	02:22,68	02:21,94	02:20,86	02:20,16	02:19,14	02.09.49	2'11"46
400 M	05:49,36	05:39,65	05:33,74	05:25,60	05:20,59	05:13,62	05:10,99	05:07,21	05:05,59	05:03,22	05:01,69	04:59,43	04.43.67	4'48"30