



Tabela de Índices
BRASILEIROS

DE CLASSE & ABSOLUTOS

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TABELA DE INDÍCES BRASILEIRO FEMININO PISCINA DE 25 METROS												
PROVAS	INF1		INF2		JUV1		JUV2		JR1	JR2 E SENIOR	MARIA LENK	JOSÉ FINKEL
	INV	VERÃO	INV	VERÃO	INV	VERÃO	INV	VERÃO	ANUAL	ANUAL	ANUAL	ANUAL
50 L	00:30,00	00:29,80	00:29,60	00:29,30	00:29,25	00:29,05	00:28,85	00:28,65	00:28,45	00:28,25	00:26,10	00:26,21
100 L	01:06,00	01:05,50	01:05,00	01:04,50	01:04,30	01:03,80	01:03,30	01:02,80	01:02,30	01:01,80	00:56,22	00:57,14
200 L	02:25,50	02:23,00	02:22,00	02:21,00	02:20,60	02:19,60	02:18,60	02:17,60	02:16,60	02:15,60	02:06,12	02:06,82
400 L	05:04,00	04:59,00	04:58,00	04:54,50	04:53,70	04:51,70	04:49,70	04:47,70	04:45,70	04:43,20	04:25,66	04:28,40
800 L	10:31,50	10:16,50	10:16,50	10:07,50	10:05,40	10:01,40	09:57,40	09:53,40	09:49,40	09:43,40	09:16,91	09:19,89
1500 L	20:00,00	19:32,00	19:32,00	19:15,00	19:10,00	19:02,00	18:54,00	18:46,50	18:39,00	18:28,50	18:07,82	18:10,96
50 C											00:30,07	00:30,27
100 C	01:18,00	01:16,50	01:16,00	01:15,00	01:15,00	01:14,50	01:14,00	01:13,50	01:13,00	01:12,00	01:05,44	01:05,81
200 C	02:48,00	02:45,00	02:43,50	02:42,00	02:41,50	02:40,50	02:39,00	02:38,00	02:36,50	02:35,00	02:21,25	02:22,62
50 P											00:33,30	00:34,01
100 P	01:28,00	01:26,00	01:25,00	01:24,50	01:24,50	01:24,00	01:23,00	01:22,50	01:21,50	01:20,50	01:12,43	01:14,77
200 P	03:08,50	03:05,00	03:03,00	03:01,50	03:01,00	02:59,50	02:58,00	02:56,50	02:55,50	02:53,50	02:39,37	02:41,36
50 B											00:28,82	00:29,23
100 B	01:16,00	01:14,50	01:14,00	01:13,50	01:13,10	01:12,60	01:12,10	01:11,60	01:11,10	01:10,10	01:03,52	01:04,84
200 B	02:52,50	02:49,00	02:47,00	02:45,50	02:46,70	02:45,20	02:43,70	02:42,20	02:41,20	02:38,70	02:24,34	02:25,11
100 M											01:06,45	01:07,00
200 M	02:46,00	02:43,50	02:42,00	02:41,00	02:40,50	02:39,50	02:38,00	02:37,00	02:36,00	02:34,50	02:23,29	02:24,48
400 M	05:53,00	05:47,00	05:44,00	05:41,50	05:40,20	05:37,70	05:35,20	05:32,70	05:30,20	05:27,20	05:09,25	05:10,49

TABELA DE ÍNDICES BRASILEIRO MASCULINO PISCINA DE 25 METROS												
PROVAS	INF1		INF2		JUV1		JUV2		JR1	JR2 E SENIOR	MARIA LENK	JOSÉ FINKEL
	INV	VERÃO	INV	VERÃO	INV	VERÃO	INV	VERÃO	ANUAL	ANUAL	ANUAL	ANUAL
50 L	00:27,00	00:26,50	00:25,70	00:25,50	00:25,15	00:24,85	00:24,55	00:24,25	00:23,95	00:23,65	00:22,49	00:22,52
100 L	01:01,00	00:59,00	00:57,50	00:56,50	00:56,30	00:55,30	00:54,80	00:54,30	00:53,30	00:52,80	00:49,13	00:50,02
200 L	02:14,50	02:10,00	02:06,50	02:04,50	02:03,60	02:01,60	02:00,10	01:59,10	01:58,10	01:56,10	01:50,21	01:51,02
400 L	04:48,00	04:39,00	04:31,00	04:27,50	04:25,20	04:21,70	04:18,70	04:15,70	04:14,20	04:09,70	03:53,61	03:56,81
800 L	09:57,50	09:38,50	09:21,50	09:13,50	09:08,40	09:01,40	08:54,90	08:48,40	08:45,40	08:36,40	08:06,96	08:11,43
1500 L	19:13,00	18:36,00	18:03,50	17:48,50	17:37,50	17:24,00	17:11,50	16:59,00	16:53,00	16:36,00	15:55,62	15:59,31
50 C											00:25,75	00:26,12
100 C	01:13,50	01:10,50	01:08,00	01:06,50	01:06,00	01:05,00	01:04,00	01:03,50	01:03,00	01:01,50	00:55,48	00:56,08
200 C	02:40,00	02:33,50	02:28,00	02:24,50	02:23,00	02:21,00	02:19,00	02:18,00	02:17,00	02:14,00	02:02,82	02:03,61
50 P											00:28,29	00:28,80
100 P	01:21,50	01:18,00	01:15,50	01:13,50	01:13,00	01:11,50	01:10,50	01:10,00	01:09,50	01:08,00	01:02,92	01:03,81
200 P	03:00,50	02:53,00	02:47,00	02:42,50	02:41,00	02:38,50	02:36,50	02:35,00	02:34,00	02:31,00	02:19,79	02:18,71
50 B											00:24,24	00:24,61
100 B	01:11,00	01:08,00	01:05,50	01:04,00	01:03,60	01:02,60	01:01,60	01:01,10	01:00,60	00:59,60	00:53,26	00:54,07
200 B	02:44,00	02:37,50	02:31,00	02:27,00	02:25,70	02:23,20	02:21,20	02:20,20	02:19,20	02:16,20	02:04,70	02:05,57
100 M											00:55,98	00:56,89
200 M	02:35,00	02:29,50	02:26,50	02:23,50	02:22,00	02:20,50	02:19,00	02:17,00	02:16,50	02:14,00	02:04,54	02:06,55
400 M	05:33,00	05:21,00	05:13,50	05:08,50	05:04,20	05:00,70	04:57,70	04:54,70	04:52,70	04:47,20	04:34,63	04:35,81

TABELA DE INDÍCES BRASILEIRO FEMININO PISCINA DE 50 METROS												
PROVAS	INF1		INF2		JUV1		JUV2		JR1	JR2 E SENIOR	MARIA LENK	JOSÉ FINKEL
	INV	VERÃO	INV	VERÃO	INV	VERÃO	INV	VERÃO	ANUAL	ANUAL	ANUAL	ANUAL
50 L	00:31.00	00:30,80	00:30,60	00:30,30	00:30,10	00:29,90	00:29,70	00:29,50	00:29,30	00:29,10	00:26.87	00:26.99
100 L	01:08.00	01:07,50	01:07,00	01:06,50	01:06,00	01:05,50	01:05,00	01:04,50	01:04,00	01:03,50	00:57.85	00:58.80
200 L	02:29,50	02:27,00	02:26,00	02:25,00	02:24,00	02:23,00	02:22,00	02:21,00	02:20,00	02:19,00	02:08.30	02:09.01
400 L	05:12,00	05:07,00	05:06,00	05:02,50	05:00,50	04:58,50	04:56,50	04:54,50	04:52,50	04:50,00	04:30.27	04:33.13
800 L	10:47,50	10:32,50	10:32,50	10:23,50	10:19,00	10:15,00	10:11,00	10:07,00	10:03,00	09:57,00	09:25.41	09:28.53
1500 L	20:29,00	20:01,00	20:01,00	19:44,00	19:35,50	19:27,50	19:19,50	19:12,00	19:04,50	18:54,00	18:22.12	18:25.75
50 C											00:31.98	00:32.20
100 C	01:20,50	01:19,00	01:18,50	01:17,50	01:17,00	01:16,50	01:16,00	01:15,50	01:15,00	01:14,00	01:08.10	01:08.50
200 C	02:53,00	02:50,00	02:48,50	02:47,00	02:45,50	02:44,50	02:43,00	02:42,00	02:40,50	02:39,00	02:26.24	02:27.65
50 P											00:34.22	00:34.96
100 P	01:30,50	01:28,50	01:27,50	01:27,00	01:26,50	01:26,00	01:25,00	01:24,50	01:23,50	01:22,50	01:14.48	01:16.89
200 P	03:13,50	03:10,00	03:08,00	03:06,50	03:05,00	03:03,50	03:02,00	03:00,50	02:59,50	02:57,50	02:42.89	02:44.93
50 B											00:28.88	00:29.29
100 B	01:18,00	01:16,50	01:16,00	01:15,50	01:14,50	01:14,00	01:13,50	01:13,00	01:12,50	01:11,50	01:04.85	01:06.16
200 B	02:56,50	02:53,00	02:51,00	02:49,50	02:49,50	02:48,00	02:46,50	02:45,00	02:44,00	02:41,50	02:26.99	02:27.78
100 M												
200 M	02:51,00	02:48,50	02:47,00	02:46,00	02:44,50	02:43,50	02:42,00	02:41,00	02:40,00	02:38,50	02:28.31	02:29.53
400 M	06:01,00	05:55,00	05:52,00	05:49,50	05:47,00	05:44,50	05:42,00	05:39,50	05:37,00	05:34,00	05:15.80	05:17.01

TABELA DE INDÍCES BRASILEIRO MASCULINO PISCINA DE 50 METROS												
PROVAS	INF1		INF2		JUV1		JUV2		JR1	JR2 E SENIOR	MARIA LENK	JOSÉ FINKEL
	INV	VERÃO	INV	VERÃO	INV	VERÃO	INV	VERÃO	ANUAL	ANUAL	ANUAL	ANUAL
50 L	00:28,00	00:27,50	00:26,70	00:26,50	00:26,00	00:25,70	00:25,40	00:25,10	00:24,80	00:24,50	00:23.32	00:23.51
100 L	01:03,00	01:01,00	00:59,50	00:58,50	00:58,00	00:57,00	00:56,50	00:56,00	00:55,00	00:54,50	00:50.83	00:51.76
200 L	02:18,50	02:14,00	02:10,50	02:08,50	02:07,00	02:05,00	02:03,50	02:02,50	02:01,50	01:59,50	01:53.14	01:53.98
400 L	04:56,00	04:47,00	04:39,00	04:35,50	04:32,00	04:28,50	04:25,50	04:22,50	04:21,00	04:16,50	04:02.18	04:05.53
800 L	10:13,50	09:54,50	09:37,50	09:29,50	09:22,00	09:15,00	09:08,50	09:02,00	08:59,00	08:50,00	08:19.84	08:24.44
1500 L	19:42,00	19:05,00	18:32,50	18:17,50	18:03,00	17:49,50	17:37,00	17:24,50	17:18,50	17:01,50	16:21.48	16:26.42
50 C											00:27.42	00:27.82
100 C	01:16,00	01:13,00	01:10,50	01:09,00	01:08,00	01:07,00	01:06,00	01:05,50	01:05,00	01:03,50	00:59.22	00:59.87
200 C	02:45,00	02:38,50	02:33,00	02:29,50	02:27,00	02:25,00	02:23,00	02:22,00	02:21,00	02:18,00	02:10.47	02:10.97
50 P											00:29.41	00:29.95
100 P	01:24,00	01:20,50	01:18,00	01:16,00	01:15,00	01:13,50	01:12,50	01:12,00	01:11,50	01:10,00	01:04.75	01:05.66
200 P	03:05,50	02:58,00	02:52,00	02:47,50	02:45,00	02:42,50	02:40,50	02:39,00	02:38,00	02:35,00	02:24.51	02:25.55
50 B											00:24.82	00:25.20
100 B	01:13,00	01:10,00	01:07,50	01:06,00	01:05,00	01:04,00	01:03,00	01:02,50	01:02,00	01:01,00	00:55.13	00:55.96
200 B	02:48,00	02:41,50	02:35,00	02:31,00	02:28,50	02:26,00	02:24,00	02:23,00	02:22,00	02:19,00	02:08.80	02:09.67
100 M												
200 M	02:40,00	02:34,50	02:31,50	02:28,50	02:26,00	02:24,50	02:23,00	02:21,50	02:20,50	02:18,00	02:09.49	02:11.60
400 M	05:41,00	05:29,00	05:21,50	05:16,50	05:11,00	05:07,50	05:04,50	05:01,50	04:59,50	04:54,00	04:43.67	04:44.87