

Tabela

de  
**ÍNDICES**

**CAMPEONATOS  
BRASILEIROS**

TEMPORADA 2024

*Classes*



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TABELA DE INDICES BRASILEIRO (INVERNO) - FEMININO - 50 METROS - 2024

PROVAS	INFANTIL 1	INFANTIL 2	JUVENIL 1	JUVENIL 2	JUNIOR 1	JUNIOR 2	SÊNIOR
50 L	00:31,60	00:30,93	00:30,48	00:30,10	00:29,80	00:29,51	00:29,51
100 L	01:09,04	01:07,58	01:06,60	01:05,77	01:05,10	01:04,47	01:04,47
200 L	02:30,86	02:27,65	02:25,51	02:23,79	02:22,25	02:20,85	02:20,85
400 L	05:15,74	05:09,02	05:04,56	05:00,96	04:57,72	04:54,89	04:54,89
800 L	10:52,56	10:38,35	10:28,92	10:20,89	10:14,50	10:08,37	10:08,37
1500 L	20:39,04	20:12,05	19:54,15	19:38,90	19:26,77	19:15,13	19:15,13
50 C							
100 C	01:21,52	01:19,45	01:18,10	01:16,95	01:16,05	01:15,19	01:15,19
200 C	02:55,03	02:50,59	02:47,69	02:45,23	02:43,29	02:40,37	02:40,37
50 P							
100 P	01:30,99	01:28,69	01:27,18	01:25,90	01:24,89	01:23,93	01:23,93
200 P	03:17,16	03:12,17	03:08,90	03:06,28	03:03,95	03:01,86	03:01,86
50 B							
100 B	01:18,72	01:16,73	01:15,42	01:14,38	01:13,44	01:12,61	01:12,61
200 B	02:59,98	02:54,86	02:51,54	02:48,76	02:46,58	02:44,50	02:44,50
100 M							
200 M	02:52,62	02:48,67	02:46,07	02:43,85	02:42,09	02:40,41	02:40,41
400 M	06:07,74	05:59,12	05:53,44	05:48,62	05:44,80	05:41,14	05:41,14

TABELA DE INDICES BRASILEIRO (INVERNO) MASCULINO - 50 METROS - 2024

PROVAS	INFANTIL 1	INFANTIL 2	JUVENIL 1	JUVENIL 2	JUNIOR 1	JUNIOR 2	SÊNIOR 2
50 L	00:28,86	00:27,28	00:26,48	00:25,97	00:25,55	00:25,24	00:25,24
100 L	01:03,66	01:00,33	00:58,26	00:57,18	00:56,31	00:55,68	00:55,68
200 L	02:22,08	02:13,10	02:08,34	02:05,88	02:03,89	02:02,45	02:02,45
400 L	04:58,68	04:43,04	04:33,32	04:28,27	04:24,19	04:21,21	04:21,21
800 L	10:24,20	09:54,43	09:36,64	09:25,15	09:15,89	09:09,17	09:09,17
1500 L	20:02,54	19:05,18	18:30,91	18:08,77	17:50,94	17:37,99	17:37,99
50 C							
100 C	01:17,45	01:12,22	01:09,12	01:07,56	01:06,31	01:05,41	01:05,41
200 C	02:47,18	02:35,89	02:29,21	02:25,83	02:23,14	02:21,19	02:21,19
50 P							
100 P	01:24,96	01:19,23	01:15,83	01:14,11	01:12,74	01:11,76	01:11,76
200 P	03:08,39	02:55,67	02:48,14	02:44,33	02:41,30	02:39,11	02:39,11
50 B							
100 B	01:13,86	01:08,88	01:05,92	01:04,43	01:03,24	01:02,38	01:02,38
200 B	02:51,50	02:40,23	02:32,60	02:28,81	02:25,80	02:23,65	02:23,65
100 M							
200 M	02:41,76	02:32,95	02:27,46	02:24,40	02:21,94	02:20,16	02:20,16
400 M	05:49,36	05:33,74	05:20,59	05:10,99	05:05,59	05:01,69	05:01,69

TABELA DE INDICES BRASILEIRO (INVERNO) - FEMININO - 25 METROS - 2024

PROVAS	INFANTIL 1	INFANTIL 2	JUVENIL 1	JUVENIL 2	JUNIOR 1	JUNIOR 2	SÊNIOR
50 L	00:30,75	00:30,08	00:29,63	00:29,25	00:28,95	00:28,66	00:28,66
100 L	01:07,34	01:05,88	01:04,90	01:04,07	01:03,40	01:02,77	01:02,77
200 L	02:27,46	02:24,25	02:22,11	02:20,39	02:18,85	02:17,45	02:17,45
400 L	05:08,94	05:02,22	04:57,76	04:54,16	04:50,92	04:48,09	04:48,09
800 L	10:38,96	10:24,75	10:15,32	10:07,29	10:00,90	09:54,77	09:54,77
1500 L	20:13,54	19:46,55	19:28,65	19:13,40	19:01,27	18:49,63	18:49,63
50 C							
100 C	01:19,82	01:17,75	01:16,40	01:15,25	01:14,35	01:13,49	01:13,49
200 C	02:51,63	02:47,19	02:44,29	02:41,83	02:39,89	02:38,00	02:38,00
50 P							
100 P	01:28,99	01:26,69	01:25,18	01:23,90	01:22,89	01:21,93	01:21,93
200 P	03:13,16	03:08,17	03:04,90	03:02,28	02:59,95	02:57,86	02:57,86
50 B							
100 B	01:17,32	01:15,33	01:14,02	01:12,98	01:12,04	01:11,21	01:11,21
200 B	02:57,18	02:52,06	02:48,74	02:45,96	02:43,78	02:41,70	02:41,70
100 M							
200 M	02:48,62	02:44,67	02:42,07	02:39,85	02:38,09	02:36,41	02:36,41
400 M	06:00,94	05:52,32	05:46,64	05:41,82	05:38,00	05:34,34	05:34,34

TABELA DE INDICES BRASILEIRO (INVERNO) MASCULINO - 25 METROS - 2024

PROVAS	INFANTIL 1	INFANTIL 2	JUVENIL 1	JUVENIL 2	JUNIOR 1	JUNIOR 2	SÊNIOR
50 L	00:28,01	00:26,43	00:25,63	00:25,12	00:24,70	00:24,39	00:24,39
100 L	01:01,96	00:58,63	00:56,56	00:55,48	00:54,61	00:53,98	00:53,98
200 L	02:18,68	02:09,70	02:04,94	02:02,48	02:00,49	01:59,05	01:59,05
400 L	04:51,88	04:36,24	04:26,52	04:21,47	04:17,39	04:14,41	04:14,41
800 L	10:10,60	09:40,83	09:23,04	09:11,55	09:02,29	08:55,57	08:55,57
1500 L	19:37,04	18:39,68	18:05,41	17:43,27	17:25,44	17:12,49	17:12,49
50 C							
100 C	01:15,75	01:10,52	01:07,42	01:05,86	01:04,61	01:03,71	01:03,71
200 C	02:43,78	02:32,49	02:25,81	02:22,43	02:19,74	02:17,79	02:17,79
50 P							
100 P	01:22,96	01:17,23	01:13,83	01:12,11	01:10,74	01:09,76	01:09,76
200 P	03:04,39	02:51,67	02:44,14	02:40,33	02:37,30	02:35,11	02:35,11
50 B							
100 B	01:12,46	01:07,48	01:04,52	01:03,03	01:01,84	01:00,98	01:00,98
200 B	02:48,70	02:37,43	02:29,80	02:26,01	02:23,00	02:20,85	02:20,85
100 M							
200 M	02:37,76	02:28,95	02:23,46	02:20,40	02:17,94	02:16,16	02:16,16
400 M	05:42,56	05:26,94	05:13,79	05:04,19	04:58,79	04:54,89	04:54,89

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TABELA DE INDICES BRASILEIRO (VERÃO) - FEMININO - 50 METROS - 2024

PROVAS	INFANTIL 1	INFANTIL 2	JUVENIL 1	JUVENIL 2	JUNIOR 1	JUNIOR 2	SÊNIOR
50 L	00:31.12	00:30.66	00:30.23	00:29.92	00:29.62	00:29.34	00:29.34
100 L	01:07.98	01:06.98	01:06.04	01:05.36	01:04.72	01:04.10	01:04.10
200 L	02:28.54	02:26.35	02:24.29	02:22.82	02:21.40	02:20.05	02:20.05
400 L	05:10.89	05:06.31	05:02.00	04:58.92	04:55.96	04:53.11	04:53.11
800 L	10:42.29	10:32.63	10:23.52	10:17.03	10:10.79	10:04.80	10:04.80
1500 L	20:19.52	20:01.18	19:43.90	19:31.56	19:19.73	19:08.36	19:08.36
50 C							
100 C	01:20.02	01:18.63	01:17.33	01:16.41	01:15.53	01:14.69	01:14.69
200 C	02:51.81	02:48.83	02:46.03	02:44.06	02:42.17	02:41.40	02:40.37
50 P							
100 P	01:29.32	01:27.77	01:26.32	01:25.29	01:24.31	01:23.37	01:23.37
200 P	03:13.54	03:10.18	03:07.03	03:04.81	03:02.68	03:00.65	03:00.65
50 B							
100 B	01:17.28	01:15.93	01:14.64	01:13.79	01:12.94	01:12.13	01:12.13
200 B	02:56.27	02:52.84	02:49.67	02:47.44	02:45.32	02:43.30	02:43.30
100 M							
200 M	02:49.76	02:47.09	02:44.58	02:42.79	02:41.07	02:39.43	02:39.43
400 M	06:01.50	05:55.67	05:50.20	05:46.31	05:42.58	05:39.01	05:39.01

TABELA DE INDICES BRASILEIRO (VERÃO) MASCULINO - 50 METROS - 2024

PROVAS	INFANTIL 1	INFANTIL 2	JUVENIL 1	JUVENIL 2	JUNIOR 1	JUNIOR 2	SÊNIOR 2
50 L	00:27.92	00:26.70	00:26.17	00:25.67	00:25.36	00:25.07	00:25.07
100 L	01:01.67	00:58.71	00:57.60	00:56.57	00:55.93	00:55.31	00:55.31
200 L	02:17.30	02:09.38	02:06.84	02:04.49	02:03.02	02:01.61	02:01.61
400 L	04:49.34	04:35.44	04:30.24	04:25.42	04:22.38	04:19.48	04:19.48
800 L	10:03.72	09:41.50	09:29.63	09:18.67	09:11.82	09:05.29	09:05.29
1500 L	19:23.08	18:40.78	18:17.41	17:56.30	17:43.09	17:30.51	17:30.51
50 C							
100 C	01:14.28	01:09.79	01:08.17	01:06.68	01:05.76	01:04.89	01:04.89
200 C	02:40.35	02:30.65	02:27.14	02:23.94	02:21.96	02:20.08	02:20.08
50 P							
100 P	01:21.49	01:16.56	01:14.78	01:13.15	01:12.14	01:11.19	01:11.19
200 P	03:00.70	02:49.76	02:45.81	02:42.21	02:39.97	02:37.85	02:37.85
50 B							
100 B	01:10.85	01:06.56	01:05.01	01:03.60	01:02.72	01:01.89	01:01.89
200 B	02:45.40	02:34.24	02:30.28	02:26.70	02:24.49	02:22.41	02:22.41
100 M							
200 M	02:36.03	02:28.76	02:25.59	02:22.68	02:20.86	02:19.14	02:19.14
400 M	05:39.65	05:25.60	05:13.62	05:07.21	05:03.22	04:59.43	04:59.43

TABELA DE INDICES BRASILEIRO (VERÃO) - FEMININO - 25 METROS - 2024

PROVAS	INFANTIL 1	INFANTIL 2	JUVENIL 1	JUVENIL 2	JUNIOR 1	JUNIOR 2	SÊNIOR
50 L	00:30.27	00:29.81	00:29.38	00:29.07	00:28.77	00:28.49	00:28.49
100 L	01:06.28	01:05.28	01:04.34	01:03.66	01:03.02	01:02.40	01:02.40
200 L	02:25.14	02:22.95	02:20.89	02:19.42	02:18.00	02:16.65	02:16.65
400 L	05:04.09	04:59.51	04:55.20	04:52.12	04:49.16	04:46.31	04:46.31
800 L	10:28.69	10:19.03	10:09.92	10:03.43	09:57.19	09:51.20	09:51.20
1500 L	19:54.02	19:35.68	19:18.40	19:06.06	18:54.23	18:42.86	18:42.86
50 C							
100 C	01:18.32	01:16.93	01:15.63	01:14.71	01:13.83	01:12.99	01:12.99
200 C	02:48.41	02:45.43	02:42.63	02:40.66	02:38.77	02:36.97	02:36.97
50 P							
100 P	01:27.32	01:25.77	01:24.32	01:23.29	01:22.31	01:21.37	01:21.37
200 P	03:09.54	03:06.18	03:03.03	03:00.81	02:58.68	02:56.65	02:56.65
50 B							
100 B	01:15.88	01:14.53	01:13.24	01:12.39	01:11.54	01:10.73	01:10.73
200 B	02:53.47	02:50.04	02:46.87	02:44.64	02:42.52	02:40.50	02:40.50
100 M							
200 M	02:45.76	02:43.09	02:40.58	02:38.79	02:37.07	02:35.43	02:35.43
400 M	05:54.70	05:48.87	05:43.40	05:39.51	05:35.78	05:32.21	05:32.21

TABELA DE INDICES BRASILEIRO (VERÃO) MASCULINO - 25 METROS - 2024

PROVAS	INFANTIL 1	INFANTIL 2	JUVENIL 1	JUVENIL 2	JUNIOR 1	JUNIOR 2	SÊNIOR
50 L	00:27.07	00:25.85	00:25.32	00:24.82	00:24.51	00:24.22	00:24.22
100 L	00:59.97	00:57.01	00:55.90	00:54.87	00:54.23	00:53.61	00:53.61
200 L	02:13.90	02:05.98	02:03.44	02:01.09	01:59.62	01:58.21	01:58.21
400 L	04:42.54	04:28.64	04:23.44	04:18.62	04:15.58	04:12.68	04:12.68
800 L	09:50.12	09:27.90	09:16.03	09:05.07	08:58.22	08:51.69	08:51.69
1500 L	18:57.58	18:15.28	17:51.91	17:30.80	17:17.59	17:05.01	17:05.01
50 C							
100 C	01:12.58	01:08.09	01:06.47	01:04.98	01:04.06	01:03.19	01:03.19
200 C	02:36.95	02:27.25	02:23.74	02:20.54	02:18.56	02:16.68	02:16.68
50 P							
100 P	01:19.49	01:14.56	01:12.78	01:11.15	01:10.14	01:09.19	01:09.19
200 P	02:56.70	02:45.76	02:41.81	02:38.21	02:35.97	02:33.85	02:33.85
50 B							
100 B	01:09.45	01:05.16	01:03.61	01:02.20	01:01.32	01:00.49	01:00.49
200 B	02:42.60	02:31.44	02:27.48	02:23.90	02:21.69	02:19.61	02:19.61
100 M							
200 M	02:32.03	02:24.76	02:21.59	02:18.68	02:16.86	02:15.14	02:15.14
400 M	05:32.85	05:18.80	05:06.82	05:00.41	04:56.42	04:52.63	04:52.63

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